Stirling's Formula

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In combinatorics, probability, information theory, and elsewhere, one often needs to have estimates of, or bounds on, the factorial function

$$n! = \prod_{i=1}^{n} i,$$

particularly for large n. When dealing with n! it always occurs that it may be easier to take logarithms and deal with $\ln(n!) = \sum_{i=1}^{n} \ln(i)$ instead. Since $\ln(x)$ is an increasing function of x > 0, we have, for any $i \ge 1$,

$$\int_{i-1}^{i} \ln(x) \mathrm{d}x < \ln(i) < \int_{i}^{i+1} \ln(x) \mathrm{d}x.$$

Adding these inequalities with i = 1, 2, ..., n, we get

$$\int_{0}^{n} \ln(x) \mathrm{d}x < \ln(n!) < \int_{1}^{n+1} \ln(x) \mathrm{d}x,$$

Since, for $0 < a \leq b$, we have

$$\int_{a}^{b} \ln(x) dx = (x \ln(x) - x)|_{a}^{b} = b \ln b - b - a \ln a + a$$

and (remembering that $\lim_{a\to 0} a \ln a = 0$) we get

$$n \ln n - n < \ln(n!) < (n+1) \ln(n+1) - (n+1) + 1$$

or

$$\left(\frac{n}{e}\right)^n < n! < e\left(\frac{n+1}{e}\right)^{n+1}$$

Thus n! grows more quickly than $(n/e)^n$, but not as quickly as $e((n+1)/e)^{n+1}$, i.e., n! lies somewhere "in between".

This betweenness is captured in Stirling's Formula, which gives

$$n! \sim \sqrt{2\pi n} \left(\frac{n}{e}\right)^n = \sqrt{2\pi} n^{n+1/2} e^{-n},$$

where \sim means that the ratio of the two sides approaches unity in the limit as $n \to \infty$, i.e.,

$$\lim_{n \to \infty} \frac{n!}{\sqrt{2\pi n} \left(\frac{n}{e}\right)^n} = 1.$$
 (1)

True to Stigler's Law,¹ Stirling's formula was first discovered by Abraham de Moivre, who understood that

$$n! \sim K(n/e)^{n+1/2}$$

for some constant K. It was Stirling who first realized that $K = \sqrt{2\pi e}$, and both Stirling and de Moivre published proofs in 1730; see [1, Ch. 24] for a history.

In this brief note, inspired by [2], we equip ourselves with (1), and seek an *exact* expression for n! in the form

$$n! = C(n/A)^{n+B} \prod_{i=n}^{\infty} f(i)$$
⁽²⁾

for some constants A, B, and C (to be determined), and a suitably-defined function f. The infinite product expresses an *n*-dependent correction factor that provides the precise adjustment that must be made to $C(n/A)^{n+B}$ to get n!.

The convenience of (2) becomes evident when one considers the ratio (n+1)!/n! = n+1. We then get

$$n+1 = \frac{((n+1)/A)^{n+1+B}}{(n/A)^{n+B}f(n)}$$

from which we determine that

$$f(n) = \frac{1}{A} \left(1 + \frac{1}{n} \right)^{n+B}$$

Plugging into (2), the right-hand side becomes

$$g(n) = C(n/A)^{n+B} \prod_{i=n}^{\infty} \left(\frac{(1+\frac{1}{i})^{i+B}}{A} \right).$$

Of course to be useful, we need that the infinite product converges to a positive constant, which can only happen if

$$\lim_{i \to \infty} \frac{1}{A} \left(1 + \frac{1}{i} \right)^{i+B} = 1$$

The limit is easily computed as e/A (independent of B). Thus we find that the only possible choice for the constant A is A = e, and we get that

$$g(n) = C(n/e)^{n+B} \prod_{i=n}^{\infty} \left(\frac{(1+\frac{1}{i})^{i+B}}{e} \right).$$

¹Stigler's Law of Eponymy: "no scientific discovery is named after its original discoverer." This law is attributed to R. K. Merton.

Note that g(n) now has the property that g(n+1) = (n+1)g(n). Provided that we can choose constants B and C so that g(1) = 1, then we will have the desired equality. Thus we now require

$$1 = \lim_{m \to \infty} C(1/e)^{1+B} \prod_{i=1}^{m} \left(\frac{(1+\frac{1}{i})^{i+B}}{e} \right).$$
(3)

Let

$$h(m) = \sum_{i=1}^{m} \left((i+B) \ln\left(\frac{i+1}{i}\right) - 1 \right),$$

which is the logarithm of the product in (3). We require h(m) to approach a finite limit as $m \to \infty$. Expanding h(m), we get

$$\begin{split} h(m) &= -m + B \sum_{i=1}^{m} \left(-\ln(i) + \ln(i+1) \right) + \sum_{i=1}^{m} i \left(-\ln(i) + \ln(i+1) \right) \\ &= -m + B \left(-\ln(1) + \ln(2) - \ln(2) + \ln(3) + \dots - \ln(m) + \ln(m+1) \right) \\ &+ \left(-\ln(1) + \ln(2) - 2\ln(2) + 2\ln(3) - 3\ln(3) + 3\ln(4) + \dots - m\ln(m) + m\ln(m+1) \right) \\ &= -m + B \ln(m+1) - \ln(m!) + m\ln(m+1) \\ &= (m+B) \ln(m+1) - m - \ln(m!). \end{split}$$

Now, using the fact from (1) that $\ln(m!) \to \frac{1}{2} \ln m + \frac{1}{2} \ln(2\pi) + m \ln(m) - m$ as $m \to \infty$, we get that

$$\begin{split} \lim_{m \to \infty} h(m) &= \lim_{m \to \infty} \left(-m + B \ln(m+1) + m \ln(m+1) - \frac{1}{2} \ln m - \frac{1}{2} \ln(2\pi) - m \ln(m) + m \right) \\ &= -\frac{1}{2} \ln(2\pi) + \lim_{m \to \infty} \left((m+B) \ln(m+1) - \left(m + \frac{1}{2}\right) \ln(m) \right) \\ &= -\frac{1}{2} \ln(2\pi) + \lim_{m \to \infty} \left(\left(m + \frac{1}{2}\right) \ln\left(\frac{m+1}{m}\right) + \left(B - \frac{1}{2}\right) \ln(m+1) \right) \\ &= 1 - \frac{1}{2} \ln(2\pi) + \lim_{m \to \infty} \left(B - \frac{1}{2}\right) \ln(m+1) \\ &= \begin{cases} \infty, & \text{if } B > 1/2; \\ 1 - \frac{1}{2} \ln(2\pi), & \text{if } B = 1/2; \\ -\infty, & \text{if } B < 1/2. \end{cases} \end{split}$$

Thus we see that we have no choice but to set B = 1/2, and, for this choice of B we can determine the value of C to arrive at Mermin's equality [2]

$$n! = (2\pi n)^{1/2} \left(\frac{n}{e}\right)^n \prod_{i=n}^{\infty} \left(\frac{(1+1/i)^{i+1/2}}{e}\right).$$
(4)

Now to find bounds on n!, one approach is to simply find bounds on

$$\prod_{i=n}^{\infty} \left(\frac{(1+1/i)^{i+1/2}}{e} \right).$$

Since $\frac{(1+1/i)^{i+1/2}}{e} > 1$ for all $i \ge 1$, an obvious lower bound is

$$n! > (2\pi n)^{1/2} \left(\frac{n}{e}\right)^r$$

An upper bound can be obtained from the Taylor series expansion for $\frac{1}{2}\ln((1+x)/(1-x))$, namely

$$\frac{1}{2}\ln\left(\frac{1+x}{1-x}\right) = x + \frac{x^3}{3} + \frac{x^5}{5} + \cdots$$

Substituting x = 1/(2i+1), we get

$$\frac{1}{2}\ln\left(\frac{1+i}{i}\right) = \frac{1}{2i+1} + \frac{1}{3(2i+1)^3} + \frac{1}{5(2i+1)^5} + \cdots,$$

from which it follows that

$$\left(\frac{2i+1}{2}\right)\ln\left(\frac{1+i}{i}\right) = 1 + \frac{1}{3(2i+1)^2} + \frac{1}{5(2i+1)^4} + \cdots$$

Subtracting one from both sides we get the upper bound

$$\left(\frac{2i+1}{2}\right)\ln\left(\frac{1+i}{i}\right) - 1 < \frac{1}{3}\left(\frac{1}{(2i+1)^2} + \frac{1}{(2i+1)^4} + \cdots\right)$$
$$= \frac{1}{12}\left(\frac{1}{i} - \frac{1}{i+1}\right).$$

Exponentiating and substituting into (4) we get a telescoping exponent that yields the bound

$$n! < (2\pi n)^{1/2} \left(\frac{n}{e}\right)^n e^{1/(12n)}$$

More elaborate bounds are possible. Following the same Taylor series approach, we see that

$$n! = \sqrt{2\pi n} \left(\frac{n}{e}\right)^n \prod_{i=n}^{\infty} \exp\left(\frac{1}{3(2i+1)^2} + \frac{1}{5(2i+1)^4} + \cdots\right)$$

References

- Anders Hald, A History of Probability and Statistics and their Applications Before 1750. New York: Wiley, 1990.
- [2] N. David Mermin, "Stirling's formula!," Am. J. Phys., vol. 52, pp. 362–365, April 1984. Reprinted as Ch. 23 of N. David Mermin, *Boojums All the Way Through: Communicating Science in a Prosaic Age.* New York: Cambridge University Press, 1990.